



COPMANHURST PUBLIC SCHOOL

Newsletter,

February 27th, 2020



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FROM THE PRINCIPAL'S DESK

Swimming representatives

Today Kobi Knight, Lacey Fahey and Olivia Fahey are competing at the Mid North Coast Swimming Carnival in Coffs Harbour as part of the Clarence District team. Mrs Andrews has gone along to help with the running of the carnival. We wish our swimmers, and Mrs Andrews, all the best!

Clean - up Australia

Tomorrow is the Schools Clean up Australia Day where school children from across the country do their bit to clean up their local areas. Children will need to wear a hat and bring a water bottle and if possible bring a pair of gloves. Over the years the kids have found that they are collecting less and less rubbish from the Copmanhurst village. This is great news and shows that Copmanhurst doesn't have too many 'tossers'.

Parents on school grounds

Parents and carers are always welcome at our school. Appropriate standards of behaviour by parents and visitors is a condition of entry onto school grounds and any behaviour seen as inappropriate will not be tolerated.

Inappropriate behaviour could see parents asked to leave and restricted from entering school grounds under the Inclosed Lands Act. Parents should not approach children in the school to address issues of conflict and should instead arrange to meet with a teacher to discuss resolving problems in an appropriate manner.

5 Keys to success

New parents may not be aware that we use the '5 Keys to Success' social and emotional learning program at our school. Teachers explicitly teach the 5 keys: Getting Along, Confidence, Persistence, Organisation and Resilience in all grades and our awards system is based on these keys. When the kids come home talking about being resilient or being awarded 'Dojo' points for being organised, ask them what that means. At school we aim to help all of our kids develop their academic, creative and sporting skills but we also realise the importance of helping them to be 'mentally healthy'.

Guitar lessons

At the suggestion of our P&C we are currently looking at providing small group guitar tuition through the Clarence Valley Conservatorium of Music. Thanks to Jessica Fahey for her efforts in sourcing this opportunity. This would involve having a guitar tutor come to school each Monday to take 3 groups of 3 students for half hour lessons. This will cost parents around \$140 per term which is paid directly to the Conservatorium. Handbooks with information from the Conservatorium are on their way. At this time we are looking at offering lessons to students in our Primary grades (Years 3-6). If you are interested in having your child receive guitar lessons at school through the Conservatorium, please complete the note below and send it back to school ASAP.

Yes, I would like my child _____ to receive guitar lessons provided by a tutor from the Clarence Valley Conservatorium of Music. I understand I will be required to pay tuition fees to the Conservatorium.

Parent's signature

SCHOOL NEWS

CANTEEN – TERM 1 - 2020

Mar 2	Rachael Moss & Wyloe Black
Mar 9	Jessica Fahey & Emma Anderson
Mar 16	Terri Quiring & Jenny

If you are available to help in the canteen this year, can please contact Rhonda 66473121?

COMING EVENTS – TERM 1

Feb 28 th	Clean-Up Australia
Mar 6 th	Basketball next four weeks
Apr 2-3 rd	Primary Overnight Excursion to Red Rock. Cost \$30 per student Includes all student Year 3-6

2020 CANTEEN PRICE

HOT FOOD

Pie	\$2.50
Sausage Roll	\$2.50
Sausage Roll (half)	\$1.50
Chicken Nuggets	\$0.50 each
Spaghetti bolognaise	\$2.00
Chicken & Gravy Roll	\$4.00

TOASTIES

Roast chicken & Cheese	\$2.50
Tomato & Cheese	\$1.50
Cheese	\$1.50

PIZZA MUFFIN \$1.00 / half

Cheese	
Cheese & pineapple	
Chicken & cheese	
Chicken, cheese & pineapple	
+Add Chicken	\$0.20

SNACKS

Seasonal fruit cup or stick	\$0.50
Egg (half) plain or curried	\$0.20
Custard (Pauls Milky)	\$1.70
- choc/vanilla	
Quiche	\$0.40
Pikelet	\$0.20
Scones (Half)	\$0.50

COLD FOOD

Sandwiches	
- Honey	
- Jam	\$1.00
- Vegemite	
Cheese	
Cheese & Tomato	\$1.50
Chicken & cheese	\$2.50
Egg & Lettuce	\$2.50

Salad Sandwiches with mayo

- Lettuce/Tomato/Cheese/	\$3.00
Beetroot/Pineapple/Carrot/Cucumber	
+ Add chicken	\$0.80

SALAD BOX \$3.00

Lettuce/Cheese/tomato/Beetroot	
Pineapple/Carrot/Cucumber/Egg	
+ Add chicken	\$0.80

DRINKS

Bottled Water (250ml)	\$0.80
99% Fruit juice popper	\$1.20
M2GO Milk	\$1.50
Milkshake (Half)	\$1.00
Milkshake (Full)	\$2.00

FROZEN SNACKS

Frozen Quelch icy poles	\$0.60
Frozen oranges	\$0.20
Frozen Ice cups	\$1.00
Paddle Pops	\$1.50