



COPMANHURST PUBLIC SCHOOL

Newsletter,

March 14th, 2019



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Principal's report

You Can Do It

It's great to see so many children being recognised in our playground and classrooms for exhibiting the behaviours that are identified as leading to success in our You Can Do It program. One of the keys we have been learning about is confidence. Things that can be done to promote confidence in our kids include:

ACCEPTING YOURSELF – Encourage children to be accepting of themselves. Everyone is special. Everyone is likeable and good at doing many things and is capable of getting better at things they work on.

TAKING RISKS – Making mistakes is a natural part of the learning process. It is OK to make mistakes and is actually a great teaching tool when learning new things.

BE INDEPENDENT – Encourage children to attempt things by themselves. It is also important to be supportive of children doing things that are different to other children if they want.

YOU CAN DO IT – Talk about how through careful planning and hard work even the hardest things are possible.

Year 6 excursion

Tomorrow our Year 6 students travel to South Grafton High School for the day to participate in a Transition Sports day. They will be joined by students from the other small schools and the day is for all of our year 6 students regardless of whether they will be attending South High in 2020.

Yarrawarra excursion

Next Wednesday we travel to the Yarrawarra Aboriginal Cultural Centre. Most notes are back in and we are only chasing a few. Please make sure we have your child's permission note before next Wednesday. Remember to pack recess, lunch and a water bottle. Students are to wear school uniform which includes the school hat – not cap. Don't be late to school next Wednesday as the bus leaves at 9am sharp and we wait for no-one!

Sporting Schools

After consulting with the kids, the sport most requested to play next term was Ten-pin bowling. I have submitted an application to Sporting Schools for another grant to run a four week program next term where students will travel to Grafton to spend an hour bowling and an hour next door at the basketball stadium with Hamish and George doing a basketball program. The grant money might not quite cover the whole cost and parents may be asked to chip in for this one. Keep your fingers crossed that we receive the grant!

Healthy School Canteen

Thank you to Terri Quiring for all the work she has done putting our new school canteen menu together and also to all the parents and volunteers who work our canteen each Monday. By the end of this year all NSW schools need to comply with the new Healthy School Canteen guidelines. Last Friday I was visited by Kate Collins from Northern NSW Health who will be involved in accrediting school canteens and she was very impressed with the range of food available to our kids. She has also indicated that our canteen menu will pass without need for any modification – well done Terri. It is interesting to note that our school is being required to adhere to some pretty restrictive rules for the sale of food one day per week, but we have no control over what comes to school in children's lunchboxes or what children can order from the shop on the other four days of the week.

Cheers,
Andrew

SCHOOL NEWS

CANTEEN – TERM ONE

Mar 18th: Emma Farmer & Kate Knight

Mar 25th: Tanya Amiet & Kate Knight

Apr 1st: Terri Quiring & Helen

Apr 8th: Kate Moss

COMING EVENTS – TERM 1.

Mar 20th Whole school excursion to Yarrowarra Aboriginal Culture Centre.

Mar 20th Book Club due back.

Mar 28th School cross country – Rodeo Grounds

Apr 3rd Senior Citizens Concert/Morning Tea

Apr 4-5th Yrs 3-6 Red Rock Excursion

Apr 11th Old School Day

Dear Parents

*You are invited to help us
CELEBRATE SENIORS WEEK*

APRIL 3rd

10.00am

Copmanhurst Community Hall

If you have a Grandparent, senior neighbour/friend, who would like to join us, please pass the attached invitation on to them. More invitations are available from the office.

To help us with the morning tea, each family is asked to supply a cake, slice or a small plate of sandwiches.