



COPMANHURST PUBLIC SCHOOL

Newsletter, February 1st, 2019



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Principal's report

Welcome back to the 2019 school year! This year we have an enrolment of 60 students placed in three home classes; K/1, 2/3 and 4/5/6. Well done mums and dads for having every one of our students in school uniform on day 1! A special welcome to our new families who have joined us this year and to our lovely new Kindergarten students: Sophia, Lindsay, Oliver, Jewel, George and Asher.

Swimming carnival

Yesterday we held our annual school swimming carnival with students from Lawrence and Baryulgil schools. This was another great day and it was terrific to see our kids participating, competing and making friends with students from the other schools. Our winning sports house yesterday was **YELLOW HOUSE** who scored 53 points, just beating BLUE HOUSE who scored 51. Our champion swimmers are as follows: Junior Girl – Lacey Fahey, Junior Boy – Kobi Knight, 11 Years girl – Georgia Ellem, 11 Years Boy – Stan Davies, Senior Girl – Emily Ferguson, Senior Boy – Reagan Knight. Congratulations everyone. A note will come home next week with children who have qualified to compete at the Clarence Small Schools carnival on February 15th and details of the assembly at which our swimming champions will receive their trophies and sports captains and vice captains their badges.

Canteen

Our school canteen will kick off for the year on Monday, February 11th **not** next Monday. A price list will also be sent home soon.

Welcome Mrs Swadling

This year we welcome Mrs Tanya Swadling to our staff. Mrs Swadling is replacing Mrs Simkus who retired last year and she will be working with students from classes 2/3 and 4/5/6 in the mornings with literacy, year 4 after recess for maths, K/1 on Tuesday afternoons and 2/3 on Wednesday afternoons. Mrs Swadling already knows most of our children as she had been doing some temp teaching at Copmanhurst last year.

Welcome back BBQ

We will soon be having a welcome back BBQ (hosted by our P&C) at school to welcome new families and reacquaint with existing families. This is a great chance to come along and have a BBQ with the staff, and other families. Keep an eye out for when, but I think it will be in the next few weeks.

Change of circumstances

Do we have your current contact details? Sometimes these or living arrangements change and we need to be able to update our information. Just let Rhonda know as soon as you can if things change.

Sometimes arrangements for picking up children or bus travel at the end of the day need to be altered. If there is a change of routine for your child, eg. getting picked up rather than catching the bus; please send a note in to school or phone the office. Without this, teachers will put children on the bus they normally catch even if the child claims they are being picked up.

Cheers,
Andrew

SCHOOL NEWS

CANTEEN – TERM

Canteen will start Monday, Feb 11th

Feb 11 Terri Quiring & Emma Farmer

Feb 18 Jessica Fahey & Lucy Ellem

Feb 25 Kate Knight & Renee Vanderham

Mar 4 Lyn Caldwell & Rachael Moss

CANTEEN

Thank you to the parents who have already indicated they are available for canteen this year. To keep the canteen operating on a weekly basis we still need more helpers. If you are available to help, please contact the office.

CHICKENPOX – parents we have been informed that a sibling of two of our students have come down with Chickenpox

Chickenpox is a highly contagious infection caused by the varicella-zoster virus. It is usually a mild disease that lasts a short time in healthy children.

Chickenpox symptoms take 10 and 21 days (14 to 16 days on average) to show after infection. This is called the incubation period.

The most infectious time is one to two days before the rash appears, but it continues to be infectious until all the blisters have crusted over.

Symptoms of chickenpox

Chickenpox causes a rash of red, itchy spots that turn into fluid-filled blisters. They then crust over to form scabs, which eventually drop off.

Some children have only a few spots, but in others they can cover the entire body. The spots are most likely to appear on the face, ears and scalp, under the arms, on the chest and belly and on the arms and legs. They may also have a mild fever and feel generally unwell.

What to do

To prevent spreading the infection, keep children off nursery or school until all the spots have crusted over. Chickenpox is most infectious from one to two days before the rash starts, until all the blisters have crusted over (usually five to six days after the start of the rash).

You don't need to go to your doctor or emergency department unless you're not sure that it's chickenpox or your child is very unwell or distressed. There's no cure or specific treatment for chickenpox. Treatment is geared towards relieving the symptoms.

Give your child plenty to drink. Use paracetamol to relieve the fever and discomfort.

Baths, loose comfortable clothes and calamine lotion can all ease the itchiness. Gauze pads soaked in bicarbonate of soda and water that are then placed over the sores can calm the itch for a while.

Try to stop your child scratching or picking at their spots as this will increase the risk of scarring. It's hard for children to do this, so give them plenty of praise and encouragement.

2019 SIGN ON DAY

Grafton Netball Courts, Bacon Street

Saturday Feb 23rd 12pm - 2pm

Saturday March 2nd 12pm - 2pm

Ages 5yrs to Ladies welcome

All clubs will be in attendance both days



For more information please call
Brooke Burton on 0437426070

