



COPMANHURST PUBLIC SCHOOL

Newsletter

September 8th 2016



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Principal's message

School Photos:

Please ensure that your child/children come to school in a clean school uniform with their hair brushed next Thursday. All photo envelopes must be returned by Thursday, September 15th. There are facilities for you to pay at a later date by going to www.theschoolphotographer.com.au and select the "Click here Online Payments" button and following the on screen instructions. A 'pay later' option is not available through the school. Credit card payments can be made by phoning 96749824.

The Gorge

Primary students (Yrs 3-6) will be camping at The Gorge next term and notes were sent home last week seeking numbers attending. We have a number of parents attending who will also be providing transport for the kids. If you haven't sent back your note indicating whether your child is attending or not, please do so soon. A permission note with list of what to bring will be sent home in the first week of next term.

Dudley Jones

Sixteen students make up our 4 tennis teams who will compete in the Dudley Jones tennis tournament in Grafton tomorrow. Be there just before 9am for a 9:15am start. Don't forget your hat, recess and lunch and water bottle. I'll be there from about 8:30am.

Swim & Gym

If you are picking your child/children up from the pool on Fridays please be there by 2pm. When you arrive, please go to the teacher with the clipboard and let them know you are taking your child. Last week a number of children just took off when parents arrived without anyone informing a teacher. For their safety, it is vital staff know where children are and that they are on the bus if they should be.

School lunches

I've attached a copy of a 'Healthy Kids' flier that outlines some healthy lunchbox ideas. Unfortunately a number of children are regularly coming to school with lunches that are high in sugar, fat or preservatives and coupled with not eating breakfast, this results in them being hyper-active, lethargic and disruptive in class. Growing bodies and brains need good food to function properly. There's nothing wrong with the occasional treat in a child's lunchbox, but when their lunch is made up entirely of treats, every day, there's a problem.

Cheers,

Andrew

COMING EVENTS

Sept 9 th	Swim & Gym
Sept 9 th	Dudley Jones Tennis – Grafton Courts
Sept 15 th	School Photos
Sept 19-23 rd	Excursion 5/6 – Lake Ainsworth
Sept 20 th	Ear Health Lessons K-4 students
Sept 23 rd	Old School Day – last day of Term 3

CANTEEN ROSTER – TERM 3

Sept 12	Michelle Roberts & Christine Roberts
Sept 19	Rick & Liz Heilers

CANTEEN ROSTER – TERM 4

Oct 10	Paula Clausen & Michelle Roberts
Oct 17	Kate Knight & Trudy Clydesdale
Oct 24	Amber Biggs & Kate Maclean

SCHOOL NEWS

